

FRIDAY, SEPT 22ND

FUEL UP



HEMLOCK CREEK PARTICIPATES IN A PROGRAM CALLED FUEL UP (FORMALLY KNOWN AS FUEL UP TO PLAY 60) IN ORDER TO ENCOURAGE STUDENTS TO EAT HEALTHY FOODS TO FUEL THEIR BODIES AND STAY ACTIVE TO KEEP THEIR BODIES HEALTHY.

STUDENTS WILL GET THE OPPORTUNITY TO TASTE TEST A FRUIT SMOOTHIE FOLLOWED BY ACTIVITY TIME OUTSIDE ON THE PLAYGROUND.

STUDENTS ARE ALSO INVITED TO WEAR GREEN AND GOLD/PACKERS/NFL ATTIRE/ACTIVEWEAR TO SCHOOL ON THIS DAY.

PLEASE CONTACT ANDREA BREHM, PE TEACHER, WITH ANY QUESTIONS AT ABREHM@WDPSD.COM